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WHAT IS CLAIMED IS:

- 1. A foam, comprising a blend of
 - (a) from 0.1 to 4.9 weight percent ethylene/styrene interpolymer; and
- (b) from 95.1 to 99.9 weight percent polyethylene homopolymer or copolymer, said weight percentages being based on the total amount of (a) and
 (b) in the blend.
- 2. The foam of claim 1, wherein the ethylene/styrene interpolymer is present in the blend at a weight percentage ranging from 1 to 4 and the polyethylene is present in the blend at a weight percentage ranging from 96 to 99.
 - 3. The foam of claim 1, wherein the foam has an open-cell content of less than 20 volume percent.
 - 4. The foam of claim 3, wherein the foam has an open-cell content of less than 15 volume percent.
- 5. The foam of claim 1, wherein the foam is in the form of a sheet having a thickness ranging from about 0.015 to about 5 inches.
 - 6. The foam of claim 1, wherein the foam has a density ranging from about 0.5 to about 15 pounds/cubic foot.
- 7. The foam of claim 1, wherein the ethylene/styrene interpolymer comprises a styrene component ranging from about 20 to about 80 weight percent.
- 8. The foam of claim 1, wherein said polyethylene homopolymer or copolymer comprises at least one material selected from low density polyethylene, high density polyethylene, and ethylene/alpha-olefin copolymer.

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- (a) blending
- (1) from 0.1 to 4.9 weight percent ethylene/styrene interpolymer; and
- 5 (2) from 95.1 to 99.9 weight percent polyethylene homopolymer or copolymer, said weight percentages being based on the total amount of (1) and (2) in the blend;
 - (b) mixing a blowing agent with the blend of step (a); and
 - (c) causing the blowing agent to expand within the mixture of step (b), thereby forming a foam.
 - 10. The method of claim 9, wherein the blowing agent comprises a physical blowing agent.
- 15 11. The method of claim 9, wherein the ethylene/styrene interpolymer is present in the blend at a weight percentage ranging from 1 to 4 and the polyethylene is present in the blend at a weight percentage ranging from 96 to 99.
- 12. The method of claim 9, wherein the ethylene/styrene interpolymer is present in the blend at a weight percentage ranging from 1 to 4 and the polyethylene is present in the blend at a weight percentage ranging from 96 to 99.
- 25 13. The method of claim 12, wherein the foam has an open-cell content of less than 20 volume percent.
 - 14. The method of claim 9, wherein the foam is in the form of a sheet having a thickness ranging from about 0.015 to about 5 inches.

- 15. The method of claim 9, wherein the foam has a density ranging from about 0.5 to about 15 pounds/cubic foot.
- 16. The method of claim 9, wherein the ethylene/styrene interpolymercomprises a styrene component ranging from about 20 to about 80 weight percent.
- 17. The method of claim 9, wherein said polyethylene homopolymer or copolymer comprises at least one material selected from low density
 10 polyethylene, high density polyethylene, and ethylene/alpha-olefin copolymer.